



Secondary PSHE policy

The purpose of this document is to be an umbrella policy for Personal, Social, Health Education and Citizenship (PSHE).

PSHE is a basic entitlement for all students. It is embedded within the ethos of the school and is reflected in the general aims/mission statement of the school.

NIA Vision and values:

An international community of learners, striving for excellence and celebrating success.

Respect	Self- respect, respect for students/ staff/ parents and respect of personal and community property.
Honesty	Honesty in all our actions.
Transparent communication	Open and effective communication among students, staff and parents.
Empathy	Understanding and appreciation of the feelings of others.
Support	Support the development of each individual to his/her fullest potential.
Diversity	Appreciation of all languages, traditions, religions and cultures.
Social responsibility	Development of responsible citizens through community service.
Personal Accountability	Highest personal commitment to taking responsibility for our actions.
Environmental Awareness	Respect for our environment.

Principle

PSHE is about what it is to be a person. Fundamentally, this is concerned with the exploration of values and attitudes, with the development of skills, and with the acquisition of relevant knowledge and understanding. This should enable students to lead confident, healthy, responsible lives as individuals and contributing members of society.

In NIA Secondary, students are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of the school and the wider community.

In particular the House system and the many activities arranged within the Houses support an inclusive, participatory ethos. PSHE aims to enable students to:

- value others and feel valued
- respect others and be respected
- be independent and interdependent
- behave responsibly
- have a concern for justice and uphold the rights of others
- understand the consequences of their actions
- treat others the way they would like to be treated.

PSHE gives students opportunities to reflect on their experiences and understand how they are developing personally and socially, encompassing many of the spiritual, moral, social and cultural issues in their lives and that of others in society, thus allowing them to build meaningful relationships. It also promotes students' well-being and self-esteem enabling them to take responsibility for their learning and future life choices.

PSHE is the joint responsibility of the individual, the family, the school and the wider community. Through our PSHE programme, individual students are encouraged to show respect for our common humanity, diversity and the differences between people.

PSHE in the school curriculum

At Newton International Academy we provide many opportunities to promote pupils' personal and social development through the curriculum, including: Belonging and identify; first aid, substances education, financial education, Careers education, Careers fair, guest speakers, Model United Nations, Debating about personal health (physical and mental).

Outside of the main curriculum the following add value to PSHE within the wider school context:

- Core and foundation subjects
- Assemblies (House and whole school)
- House activities
- Cross-curricular projects
- School/student Council/prefects
- Peer education
- Invited visitors
- Tutorials
- Mentoring
- Buddying

- Work with vulnerable students including social skills groups, TA key workers, school counsellor
- Whole school events e.g health/industry days
- Educational visits and school trips
- Sports teams & other activities eg Sports Leadership
- National and international trips.

Success criteria for PSHE

- Students have an excellent knowledge of how to live a healthy and safe lifestyle.
- Students leave with high quality employability skills.
- The personal development of students leads to the majority of our students being confident and articulate, showing mutual respect to each other and above all maturity across the year groups.

Quality of teaching in PSHE

- Sunday, Period 1 PSHE will be well planned in advance staff will be receiving Lesson resources in advance – addressing and prioritising current and relevant issues.
- This timely approach will also give the opportunity for teachers, tutors and heads of House to create year group/House assemblies.
- Teachers display excellent knowledge of PSHE and skilfully manage discussions on sensitive and controversial issues.
- Students are often responsible for their own learning and are unafraid to challenge concepts presented to them, they also feel confident to question teachers and visitors to broaden their understanding of the subject matter.

Confidentiality

Relationships between staff and students are central to the ethos of our partnership. It is important that appropriate ground rules are established for PHSE work and that staff and students are aware that any discussions during PHSE should not be repeated outside of the classroom. However, if a member of staff becomes worried about a child's health, state of mind or safety as a result of comments during PHSE the concerns should be shared with a member of SMT.