

# **EYFS at Newton British Academy, Barwa City**



The Early Years Foundation Stage (EYFS) is the first stage of school in the UK system. It covers children from birth to age 5. At NBA Barwa, this includes F1 and F2.

## **How Children Learn in EYFS**

- Child-led learning – we follow the children's interests, interwoven with key developmental skills.
- Learning through play – play is how children learn best.
- Provision – our classrooms and outdoor areas are set up to encourage exploration, problem solving, and creativity.
- Holistic development – we care for every part of the child: language, social skills, physical health, confidence, and curiosity.

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## **Foundation 1**

- Focus on helping children settle, make friends, and feel confident in school.
- Lots of play-based activities: stories, songs, building, role play, and outdoor play.
- Early communication, listening, and independence are key.

## **Foundation 2**

- Builds on F1 learning with more structured activities to prepare children for Year 1.
- Children begin to learn phonics (letters and sounds), early reading and writing, and number skills.
- Still very play-based, but with more focus on early literacy and maths alongside personal and social growth.

Together, F1 and F2 provide a smooth journey into primary school.