

NEWTON INTERNATIONAL ACADEMY SMASH



EYFS INTIMATE CARE AND TOILETING POLICY

POLICY REVIEWED

July 2026

POLICY TO BE REVIEWED

July 2027





Intimate care and Toileting Policy

Newton International Academy, SMASH

Reviewed: **July 2026**

Next Review: **July 2027**

Purpose

At Newton International Academy (NIA), we are committed to promoting children's independence, dignity and personal hygiene while ensuring their health, safety and wellbeing. This policy provides guidance for staff and parents regarding toileting routines and personal care within the Early Years Foundation Stage (EYFS).

Aims

This policy aims to:

- Safeguard the rights, dignity and wellbeing of every child.
- Promote children's independence in personal care and toileting.
- Provide clear guidance and reassurance for staff.
- Ensure parents understand the school's expectations and procedures.
- Foster a consistent partnership between home and school.

Partnership with Parents

During the admission process, parents acknowledge and sign the school's toileting agreement, confirming that they understand the school's approach to promoting independence in toileting and personal care.

Parents also agree to work in partnership with the school to support their child's toilet training and personal hygiene development.

Promoting Independence

At Newton International Academy, we encourage all children to become as independent as possible in managing their personal care.

Practitioners will:

- Encourage children to use the toilet independently.
- Provide verbal guidance and reassurance when needed.
- Support children in washing their hands and maintaining good hygiene.
- Respect each child's dignity and privacy at all times.
- Recognise that children develop at different rates and provide appropriate encouragement.

Expectations for Toilet Training

Children are expected to have begun toilet training before starting school and should normally attend wearing underwear rather than nappies or pull-ups.

If a child arrives wearing a nappy or pull-up, parents will be contacted to discuss the situation and appropriate arrangements. The school does not have facilities or staffing to provide routine nappy changing for children who have not yet begun toilet training.

Support in the Bathroom

In Foundation Stage 1, staff understand that some children may still require reassurance and supervision while developing independence.

Teaching Assistants will:

- Supervise children while they use the bathroom.
- Provide verbal prompts and encouragement.
- Support children to wash and dry themselves where appropriate.
- Maintain children's privacy, dignity and safeguarding at all times.
- Follow the school's safeguarding and intimate care procedures whenever physical assistance is required.

Accidents

Occasional toileting accidents are recognised as a normal part of child development.

If an accident occurs:

- Staff will reassure the child and respond sensitively.
- Children will be encouraged to change their own clothing where possible.
- Staff will provide appropriate assistance when necessary while maintaining the child's dignity.
- Parents are asked to provide a spare change of clothes for their child each day.
- Parents will be informed of significant or repeated accidents.

Parents provide written consent for staff to assist with changing clothing where necessary as part of the school's admission procedures.

Ongoing Toileting Difficulties

If a child experiences frequent wetting or soiling accidents, the class teacher will meet with parents to discuss strategies that can be implemented both at home and at school.

The school is committed to working collaboratively with families to support children in achieving independence. Where ongoing toileting needs significantly affect the child's wellbeing, participation in learning or the school's ability to provide appropriate care safely, an individual support plan will be agreed with parents. In exceptional circumstances, alternative arrangements may need to be discussed until the child is ready to fully access the school day.

Staff Responsibilities

All staff will:

- Promote independence and confidence.
- Treat children with respect, dignity and sensitivity.
- Maintain confidentiality.
- Follow safeguarding and intimate care procedures.

- Record and report any concerns regarding a child's health or wellbeing.

Monitoring and Review

This policy will be reviewed annually or sooner if required following changes in school procedures or statutory guidance.

Review Date: July 2027